



#### **SEO FUNDAMENTALS**

WHAT YOUR WEBSITE NEEDS

- Written Content
- Page Titles
- Links back to your website
- Good reputation
- Social media
- Current content
- A cat video to go viral (joking!)

### **ON-PAGE SEO**

Generate list of 5-10 keywords to use Title Length - descriptive & unique Description Tag 150-160 characters Text formatting - Use headings (H1,H2,H3) paragraphs, bold and italics Content - unique and informative Internal links - include 4-5 internal links to your own website pages where possible URL structure - www.example.com/what-is-reiki

### **IMAGES**

Image choice - make it relevant to your content Image size - aim for efficient for page loading Image ALT text - how Google "reads" your images Image filename - IMG 001.jpg (NO!) types-of-reiki.jpg (YES!)

## OFF-PAGE SEO

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Get clients or colleagues to link to your website Create content that encourages sharing. Create content that can be used in the media

# Update Content

## **USEFUL LINKS**

These links provide some useful tools to develop and test your SEO effectiveness:

Google Analytics http://www.google.com/analytics Google Keyword Planner: https://adwords.google.com/KeywordPlanner Yoast SEO Plugin: (FREE version) https://yoast.com/wordpress/plugins/seo/ Robots.txt file http://www.robotstxt.org/robotstxt.html SEO Browser: http://www.seo-browser.com/ (choose simple option)