



SEO FUNDAMENTALS

WHAT YOUR WEBSITE NEEDS

- Written Content
- Page Titles
- Links back to your website
- Good reputation
- Social media
- Current content
- A cat video to go viral (joking!)

ON-PAGE SEO

Generate list of 5-10 keywords to use Title Length - descriptive & unique Description Tag 150-160 characters Text formatting - Use headings (H1,H2,H3) paragraphs, bold and italics Content - unique and informative Internal links - include 4-5 internal links to your own website pages where possible URL structure - www.example.com/what-is-reiki

IMAGES

Image choice - make it relevant to your content Image size - aim for efficient for page loading Image ALT text - how Google "reads" your images Image filename - IMG 001.jpg (NO!) types-of-reiki.jpg (YES!)

OFF-PAGE SEO

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Get clients or colleagues to link to your website Create content that encourages sharing. Create content that can be used in the media

Update Content

USEFUL LINKS

These links provide some useful tools to develop and test your SEO effectiveness:

Google Analytics http://www.google.com/analytics Google Keyword Planner: https://adwords.google.com/KeywordPlanner Yoast SEO Plugin: (FREE version) https://yoast.com/wordpress/plugins/seo/ Robots.txt file http://www.robotstxt.org/robotstxt.html SEO Browser: http://www.seo-browser.com/ (choose simple option)