



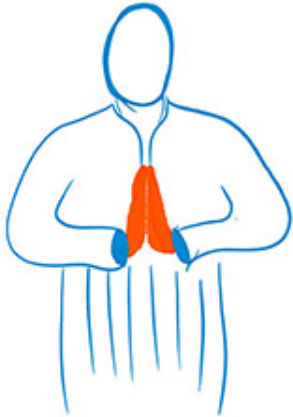
GUIDE:

Hand positions

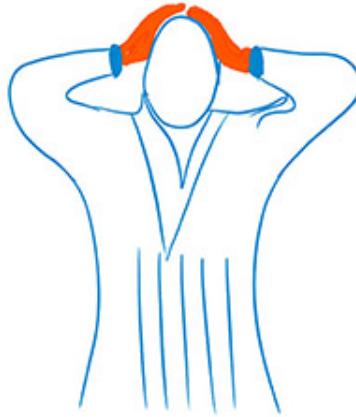
Reiki Therapy

— RESOURCES —

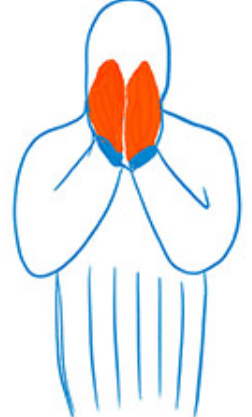
HAND POSITION 1



HAND POSITION 2



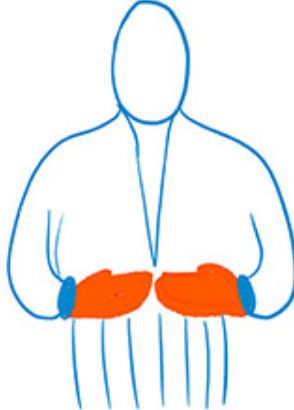
HAND POSITION 3



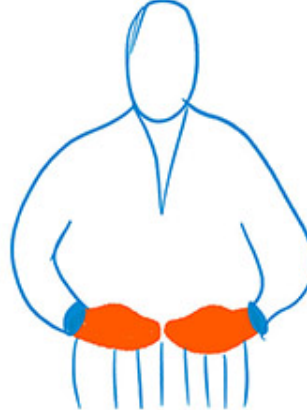
HAND POSITION 4



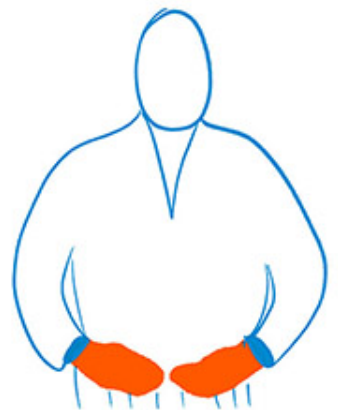
HAND POSITION 5



HAND POSITION 6



HAND POSITION 7



HAND POSITION 8



HAND POSITION 9



HAND POSITION 10



Read more about learning the common Reiki hand positions on our website:
<https://www.reikitherapyresources.com/hand-positions>