|  |  |  |
| --- | --- | --- |
| **CARD**  **NUMBER** | **FRONT OF CARD** | **BACK OF CARD** |
| 1 | Engage in 10 minutes of mindful meditation for 5 days  *(example prompt)* | *C:\Users\gnlco\AppData\Local\Microsoft\Windows\INetCache\Content.Word\reiki-logo-square.jpg* |
| 2 | Front card text or image | < Insert image here > |
| 3 | Front card text or image | < Insert image here > |
| 4 | Front card text or image | < Insert image here > |
| 5 | Front card text or image | < Insert image here > |
| 6 | Front card text or image | < Insert image here > |
| 7 | Front card text or image | < Insert image here > |
| 8 | Front card text or image | < Insert image here > |
| 9 | Front card text or image | < Insert image here > |
| 10 | Front card text or image | < Insert image here > |
| 11 | Front card text or image | < Insert image here > |
| 12 | Front card text or image | < Insert image here > |
| 13 | Front card text or image | < Insert image here > |
| 14 | Front card text or image | < Insert image here > |
| 15 | Front card text or image | < Insert image here > |
| 16 | Front card text or image | < Insert image here > |
| 17 | Front card text or image | < Insert image here > |
| 18 | Front card text or image | < Insert image here > |
| 19 | Front card text or image | < Insert image here > |
| 20 | Front card text or image | < Insert image here > |
| 21 | Front card text or image | < Insert image here > |
| 22 | Front card text or image | < Insert image here > |
| 23 | Front card text or image | < Insert image here > |
| 24 | Front card text or image | < Insert image here > |